

# Reason to Live

**COPPER** KNOB  
BY STEPSHEETS

Count: 96

Wall: 2

Level: Intermediate / Advanced

Choreographer: Darren Bailey (UK) - April 2024

Music: Reason to Live - Citizen Soldier



## Intro: 24 Counts or Listen for the 8 piano keys

### L Twinkle, Step Sweep

- 1-2-3 Cross LF over RF, Step RF to R diagonal, Step LF to L diagonal  
4-5-6 Cross RF over LF, Sweep LF from back to front over 2 counts

### Cross, 1/4 L, 1/4 L, Pause and Rotate

- 1-2-3 Cross LF over RF, Make a 1/4 turn L and step back on RF, Make a 1/4 turn L and step LF to L side (now facing 6:00)  
4-5-6 Rotate upper body to L over 3 counts (keep legs facing 6:00)

### Travelling full turn R, Cross, Side, Back with 1/4 L

- 1-2-3 Make a 1/4 turn R and step forward on RF, Make a 1/2 turn R and step back on LF, Make a 1/4 turn R and step RF to R side (now facing 6:00)  
4-5-6 Cross LF over RF, Step RF to R side, Make a 1/4 turn L and step back on LF (3:00)

### Close ,Hold x2, Step, Sweep

- 1-2-3 Close RF next to LF, Hold x2  
4-5-6 Step forward on LF, Sweep RF from back to front over 2 counts

### Weave to L, 1/4 L, High Sweep Making 1/2 turn L

- 1-2-3 Cross RF over LF, Step LF to L side, Cross RF behind LF  
4-5-6 Make a 1/4 turn L and step forward on LF, Make a 1/2 turn L whilst sweeping RF around in the air (now facing 6:00)

### Cross Rock, Recover, Side, Full Turn Spiral R, Step R

- 1-2-3 Cross rock RF over LF, Recover onto LF, Step RF to R side  
4-5-6 Cross LF over RF, Unwind a full turn over R shoulder, Step RF to R side

### Cross Rock, Recover, Side, Cross Rock, Recover, Side

- 1-2-3 Cross rock LF over RF, Recover onto RF, Step LF to L side  
4-5-6 Cross rock, RF over LF, Recover onto LF, Step RF to R side

### Cross Rock, Recover, Side, Full turn Spiral L

- 1-2-3 Cross rock LF over RF, Recover onto RF, Step LF to L side  
4-5-6 Cross RF over LF, Unwind a full turn over L shoulder, Keep weight on RF

### 1/2 Diamond turning L, with Coaster step

- 1-2-3 Step LF to L diagonal, make a 1/4 turn L and step RF to R side, Make a 1/8 turn L and step back on LF  
4-5-6 Step back on RF, Close RF next to LF making a 1/8 turn L, Step forward on RF (now facing 12:00)

### Step, Hold x2 (with lower and arms), 1/2 turn R with Rise

- 1-2-3 Step forward on LF (lowering through knees) place hands in front of face and pull hands apart over 3 counts  
4-5-6 Make a 1/2 turn R over 3 counts straightening knees and transferring weight onto RF (now facing 6:00)

**Cross, Point, Hold, Modified Full Turn Monterray.**

- 1-2-3 Cross LF over RF, Point RF to R side, Hold  
4-5-6 Make a 1/2 turn R closing RF next to LF, Make a 1/2 turn R and rock LF to L side, Recover onto RF (now facing 6:00)

**Cross, Side, 1/4 L, Cross, Sweep**

- 1-2-3 Cross LF over RF, Make a 1/4 turn L and step back on RF, Step LF to L side  
4-5-6 Make a 1/8 turn L and step forward on RF, Sweep LF from back to front over 2 counts (now facing 1:30)

**Slow walks x 2**

- 1-2-3 Step forward on LF, Slowly drag RF towards LF over 2 counts  
4-5-6 Step forward on RF, Slowly drag LF towards RF over 2 counts

**Ballet Waltz Step with 1/4 L**

- 1-2-3 Make a 1/4 turn L and step LF to L side, Rock back slightly on RF, Recover onto LF (now facing 4:30)  
4-5-6 Step RF to R side, Rock back slightly on LF, Recover onto RF

**1/4 Turn L , 1/4 L with Point, Touch, 1/4 Turn R, 1/4 R with Point, Touch**

- 1-2-3 Make a 1/4 turn L and step forward on LF, Make a 1/4 turn L and point RF to R side, Touch RF next to LF (now facing 10:30)  
4-5-6 Make a 1/4 turn R and step forward on RF, Make a 1/4 turn R and point LF to L side, Touch LF next to RF (now facing 4:30) (counts above 1-6 are danced traveling towards 1:30)

**Step, 1/2 L, Step, Slow Walk with Drag**

- 1-2-3 Make a 1/4 turn L and step forward on LF, Step forward on RF, Make a 1/2 pivot turn L (now facing 7:30)  
4-5-6 Take a step forward on RF, drag LF towards RF over 2 counts (at the end of the dance you will be facing 7:30, but when you start the dance again you L twinkle will square you up to face 6:00)

**This dance is dedicated to all Line Dance choreographers, Instructors and dancers that have been touched with depression in one form or another.**

**Please know you are not alone and we are all here to help each other. If you are going through a hard time there are organisations that can help.**

**Samaritans UK +44 116123**

**Suicide prevention line UK +44 0800 6895652**

**Lifeline US +1 998**

**Suicide Ecoute France +33 014 539 4000**

**findahelpline.com Universal.**

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